**Faringdon Foodbank**

The Faringdon Family Centre Foodbank is a practical, community based project, organised by local churches, which provides food parcels to those in our immediate area who find themselves temporarily in difficult circumstances. The foodbank is intended as short term emergency help to tide people over in crisis, not as a long term support.

We are dependent upon donations of food and are staffed by church volunteers. Food donations can be dropped off at: The Mustard Seed bookshop in Faringdon Market Place, The Baptist Church Offices above the library on Gloucester Street, or at any of the local churches. All food needs to be tins or packets (NO fresh items) with a reasonable shelf life (at least 6 months).

Referrals to the food bank are made by a number of agencies including the family centre and local churches, Faringdon Children’s Centre, Connexions, benefits agencies plus local schools & the health centre. If you know of someone who is in need please get in touch with your local church or with one of the agencies above.

# All Food must have at least 6 months shelf life remaining

Soup – tinned or packet

Tinned fish

Tinned meat

Tinned vegetables

Tinned/dried potatoes

Baked Beans/Spaghetti Tins

Rice

Pasta

Savoury rice/pasta

Jar pasta sauce

Tinned fruit

Puddings – carton/pkt/tin

Jam

Biscuits

Cereal

UHT milk

Long life juice

Tea

Coffee

Hot chocolate

Sugar

Treats

Reusable/ Bag for Life type shopping bags